

REDEMPTIVE RECOVERY CARE

ANNUAL REPORT

1ST May 2022

To

30TH April 2023





VISION OF RRC

**TO EMPOWER INDIVIDUALS TO ACHIEVE
LONG TERM RECOVERY THROUGH A
SUPPORTIVE COMMUNITY THAT ENABLES
GOAL SETTING, LIFELONG LEARNING
AND HEALTHY LIFESTYLES**

RECOVERY SUPPORTED FOR A LIFE-TIME

NEED FOR REDEMPTIVE RECOVERY CARE

- Recovery is not just a cessation of drug use; it also demands adjustment to a new way of life.
- To make a new way of life, a chemical dependent must have guidance to acquire new skills and make new contacts to total recovery.

AIMS AND OBJECTIVES

- Develop a productive and qualitative lifestyle.
- Recognize negative and positive emotions and deal with them appropriately.
- Increase involvement in recreational/ leisure activities.
- Increase family and other social support.
- Abstinent from all mood altering substances.

TREATMENT GAINS

- ❑ Achieving personal growth through a change in attitude
- ❑ Ability to prioritize values
- ❑ Developing skills to resist peer pressure
- ❑ Handle negative feelings
- ❑ Crime-free life
- ❑ Healthy & qualitative lifestyle
- ❑ Improved healthy relationships with family

CHANGE IN PERSONALITY

- Recognizes the need to follow a structured life style
- Learns to identify, express and handle negative and positive emotions appropriately
- Willing to change
- Attempts at improving the life style-adhering work ethics, budgeting, strengthening family relationship and involvement in healthy recreational activities.
- Handles crises situations without resorting to drugs by sharing and getting help from the support system.



DETAILS
OF
CLIENTS
TREATED
BETWEEN
1ST MAY 2022
AND
30TH APRIL 2023



TOTAL NO. OF INPATIENTS:

TOTAL NO. OF RELAPSE ADMN:

TOTAL NO. OF CLASSES CONDUCTED:

TOTAL NO. OF COUNSELING SESSIONS:

TOTAL NO. OF FAMILY SESSIONS:

TOTAL NO. OF F/UP CALLS MADE:

TOTAL NO. OF DIRECT F/UPS:



TOTAL NO. OF ECC CONDUCTED:

NO. OF BENEFICIARIES (ECC):

TOTAL NO. OF VOLUNTEERS:

TOTAL NO. OF CURRENT VOLUNTEERS:



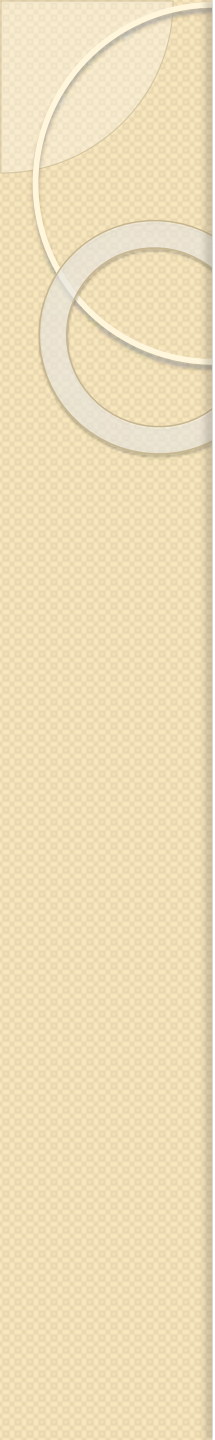
**SPECIAL
EVENTS
CONDUCTED**


A RALLY WAS CONDUCTED
TO COMMEMORATE
THE INTERNATIONAL DAY AGAINST
DRUG ABUSE & ILLICIT TRAFFICKING
ON 26TH JUNE 2022

NO. OF PARTICIPANTS : 60 MEMBERS

- ❖ RRC Staff & Few Inmates
- ❖ Retteri Kumaran Hospital Doctors & Staff
 - ❖ SKHC Nursing College Students
 - ❖ Members from NA/AA Fellowship







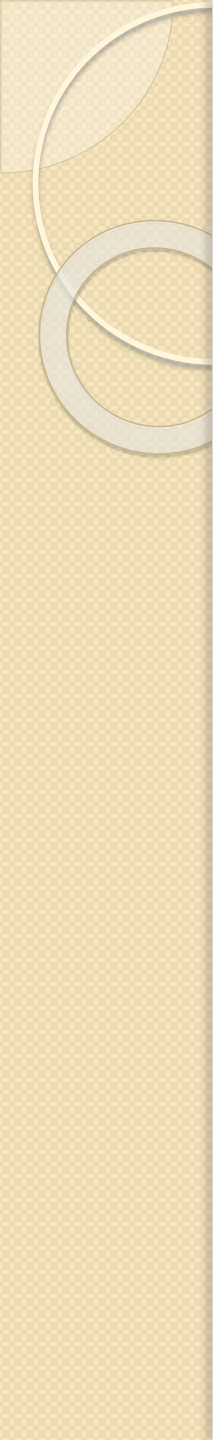
SCREENING FOR TUBERCULOSIS

Date:


Time:

Venue:

No. of Beneficiaries:







**ORIENTATION PROGRAMME
CONDUCTED FOR NURSING
STUDENTS FROM
SRI DEVI COLLEGE OF NURSING
PONNERI**

No. of Students & Staff : 39

Orientation Given By: MR. WESLEY GIDEON

**On “DISEASE OF ADDICTION &
RECOVERY ISSUES**

on 7th Feb. 2023 between 10 am & 1pm



